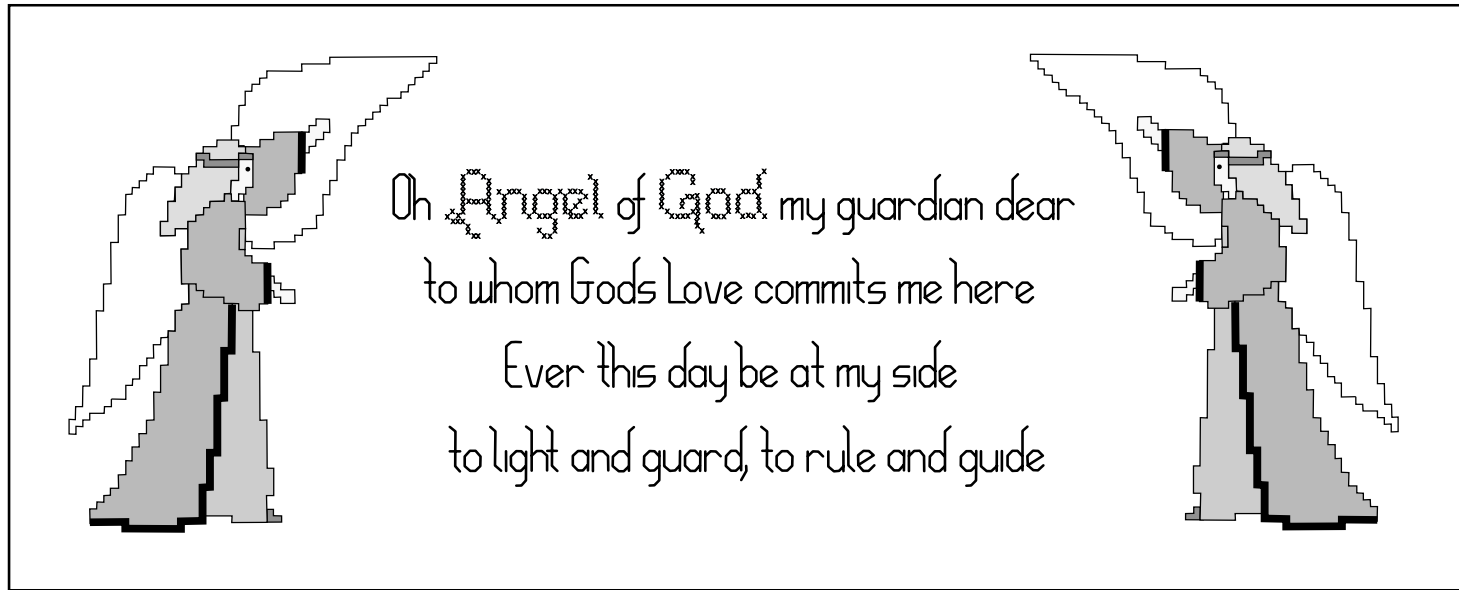




them, and the lot fell upon Matthias, and he was counted with the eleven apostles. When the time for Pentecost was fulfilled, they were all in one place together. And

# Guardian Angel Cross Stitch

take the place in this apostolic ministry from which Judas turned away to go to his own place." Then they gave lots to



God created the angels to praise Him in Heaven, to lead the fight against Satan and to guide and protect us. Some of these angels are the Guardian Angels. They guard us against evil, and as God's messengers, tell us what God wants us to do.

Every person in the world has an angel whose only job is to watch over them, pray for them to God and keep them safe from sin and evil. If we listen well, our angel will keep our soul from sin and protect our body from harm. Have you ever fallen down, or nearly been hurt some other way, and someone said, "Your Guardian Angel is watching over you?"

Our Guardian Angel loves us because God loves us. He loves us because we are so precious to God that His only Son, Jesus died on the Cross to save us. Our angel wants us to go to Heaven, to live with God forever. We can ask our Guardian Angel for help, and by saying the prayer, we will remind ourselves to keep listening for the guidance of our own special angel.

I created this simple cross stitch sampler for my children to

work. Though the Feast of the Archangels is in late September, this prayer is appropriate year-round.

This piece is 242 squares wide and 82 squares high. On 12 count Aida cloth, the finished piece will measure 20 inches by 7 inches. On 16 Aida cloth, the finished pieces will measure 15 inches by 5 1/4 inches. 18 count Aida cloth is too hard on the eyes. Some extra cloth on all sides will be needed to frame the prayer, so purchase cloth a few inches larger all around than the dimensions quoted here.

The angel outlines and most of the letters are done in running stitch using two strands of embroidery cotton. Cross stitch using three strands of cotton fills the outlines of the Angel and forms the words Angel and God. I haven't made any color choices for this piece. The symbols given recommend a dark color, a light color and a contrasting color, in addition of course to white, cream and gold for the wings and hair. Choose colors that you like, you have, or that suit your decor.

